



Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

Nappy changing

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- The setting has a list of children who are in nappies or “pull-ups”. All nappies are checked and changed by 11.30am during the morning session and by 2.30pm during the afternoon session and at other times when necessary.
- We encourage children from two years to wear pull ups, or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Staff are on a rota for nappy changes but key persons will undertake changing children in their key group if the child has a preference.

- Changing areas are warm with safe area to lay children down.
- Each child has their own bag to hand with their nappies or pull ups and changing wipes.
- Gloves, aprons and face coverings are put on by staff before changing starts and the area is prepared. Changing paper is placed on the changing mat, and this along with gloves and aprons are changed for each child and disposed of in a bag and disposed of in a lidded bin. The changing mat is then cleaned with a disinfectant spray or wipe and the cloth/wipe bagged and binned in a lidded bin. Once nappy changing is over and PPE has been removed staff will wash their hands for 20 seconds.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We use anti-bacterial hand wash liquid or soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.

- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This policy was adopted by

Barkway Preschool

On

June 2020

(date)

Date to be reviewed

September 2020

(date)

Signed on behalf of the provider

Name of signatory

Role of signatory (e.g. chair, director or owner)